

High-Expectations.co.uk Booking Form

(including participation statement and health declaration)

Course Title

Dates from.....to.....

Title..... First name.....

Surname.....

Address

Postcode.....

Day tel..... Evening tel.....

email.....

24 hr emergency home contact details

Name.....relationship.....

Tel numbers...land line.....mobile.....

Details of any significant medical conditions, disabilities or allergies, injuries etc that may effect you during the course.

.....

medication taken or carried

.....

additional needs or vulnerabilities you would like me to be aware of

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If you would like to be included in group emails for this course please give consent to sharing your email address with other course members by ticking the box below to opt in.

Please **include** my email address in group emails

Please return this form completed and signed by email or post and pay deposit or full course fee if less than 6 weeks to course start date.

- Payment can be made by cheque made out to – High-Expectations or
- by Bank Transfer sort code 09 06 66 account 424 863 81 please use your name as reference

Deposit (£100 for courses over £200. £50 all other courses)	£
Full course fee	£

Register with [Mountan Training](#) to get your Mountain Training UK Candidate Reference Number.
A guide to registering for a scheme can be viewed here; [youtube](#)
Your Mountain Training Candidate reference number

- You have booked a place on a course only when we have receive a completed booking form and deposit and you have received a letter/email confirming your place on the course.
- A non refundable deposit of £100 is required for all courses costing over £200. A deposit of £50 for all other courses.
- The full course fee is not refundable if you cancel less than 42 days from the course start date.
- In the event of a course not filling you will be informed 14 days before the course start date and offered the choice of a full refund of the course fee or to transfer to another course.
- We recommend you take out cancellation, curtailment and accident insurance to cover your loss in the event of you withdrawing from a course due to ill health etc .

- I agree to follow the [Scottish Government guidance on Covid](#) .
- I accept that my participation in the booked activity may increase my risk of exposure to infection with the virus relative to no-participation?
- I agree to inform my Instructor should I develop any symptoms consistent with COVID-19 any time within 14 days of the end of the activity? The Instructor undertakes to do the same.
- I understand that if I cancel within 6 weeks of the course start date and High-Expectations cannot fill my place I will be liable for the full course fee.
- I agree to complete a health statement the day before the course start date and return this to High-Expectations by email.
- I understand that if High- Expectations cancels a course I will be offered a full course refund. This does not include a refund on accommodation or transport that I may have booked. High-Expectations liabilities do not extend beyond the course fee.
- I have read the relevant course information and understand what this course involves.
- I consider that I am physically fit to participate in the course that I have booked and fully understand the physical demands that this activity will make on me.
- I understand that climbing and mountaineering are activities with a danger of injury or death.
- I am aware of and accept the inherent risks and am prepared to take responsibility for my own actions and involvement during the course.
- I agree to abide by safety decisions made by the group instructor.

Your personal information will only be used by us to;
- complete the booking / payment process
- to ensure we have relevant health, next of kin and emergency contact details for the duration of the course.

Your personal information will not be shared with a third party other than the Police in an emergency and will be deleted from our records on completion of the course.

.....date

Please send signed forms to ; [High-Expectations, Balachaochan, Donavoured, Pitlochry, Perthshire, PH16 5JS](#)

Or electronically signed forms to mail@stevespalding.plus.com